



some me time

a shawl to relax

knitting pattern by
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This is the type of project that brings me the greatest pleasure: soothing, repetitive and meditative. It's what I most love to knit during my 'me' time.

Designs like these truly let me enjoy and make the most of this craft's soul healing properties. They feel like a scented candle, or a warm cup of freshly brewed coffee.

Relax, let go of all the worries.

some me time

I love to have a project that I can look at and know exactly at which point I left it, without having to check what's next. Simple repetitions that produce a beautiful complex fabric with minimal effort.

I love a project that can grow organically, without me making lots of plans before-hand.

I often start these projects saying '*This one is just for me. I don't need to write this pattern, it's just for my own enjoyment*', but here you are, reading about it.

I create patterns for self-love, so this one too had to go out to the world and be shared, but don't worry, the pattern writing process was just as enjoyable as the knitting. This *really* is a simple design to make the most of our self-loving time, both for you, the knitter and for me, the designer.

FINISHED MEASUREMENTS

Sport Weight Version (Brown Shawl):

68¾" (172 cm) from side to side and 32¾" (83 cm) from top to bottom at deepest point.

DK Weight Version (Moss Green Shawl):

73½" (184 cm) from side to side and 35¼" (88 cm) from top to bottom at deepest point.

MATERIALS

Yarn:

Sport Weight Version: 2 skeins of Nest Sport by Magpie Fibers (100% non superwash Corriedale, 100g / 350 yd [320m]) or approx. 700 yd [640m] of sport weight yarn. The sample was made using colorway Twilight Beaver.

DK Weight Version: 3 skeins of Pura Abrigo by Pura Hilados (100% Argentine wool, 100g / 240 yd [220m]) or approx. 700 yards of DK weight yarn. The sample was made using colorway Hiedra.

Needles:

Sport Weight Version: US 6 (4mm) needles.

DK Weight Version: US 8 (5mm) needles.

Other notions: Several stitch markers, tapestry needle, blocking pins or wires.

GAUGE

Sport Weight Version: 17 st and 36 rows to 4" (10cm) in garter st on US 6 (4 mm) needles after blocking.

DK Weight Version: 15 st and 30 rows to 4" (10cm) in garter st on US 8 (5 mm) needles after blocking.

Tips for substituting

Try any yarn weight and style you have in your stash. The way this shawl is designed, you can add as many repetitions as you like, so it will work with the lightest to the heaviest yarns. Maybe even use leftovers and make each band in a different color.

Adjust your needles accordingly: smaller needles for lighter yarn, bigger needles for heavier yarn.



DIRECTIONS

Garter Tab

CO 3 sts.

Knit 6 rows.

Next row (RS): K3, pick up and knit 3 sts along the side of your little rectangle (1 st from every purl ridge). Pick up and knit 3 stitches from the CO edge. You will have 9 sts.

From now on, the first st of every row should be slipped knitwise.

Set-up row (WS): Sl1, k3, pm, k1, pm, k to end.

Beginning of the Shawl

Row 1 (RS): Sl1, k2, m1l, k to m, m1r, sm, k1, sm, m1l, k to 3 sts from end, m1r, k3.

Row 2 (WS): Sl1, k to end.

Repeat rows 1-2 37 more times. You should have 161 sts on the needle.

Main Section

Row 1 (RS): Sl1, k2, m1l, pm, [k2tog twice, (yo, k1) 3 times, yo, k2tog twice] to m, pm, m1r, sm, k1, sm, m1l, pm, [k2tog twice, (yo, k1) 3 times, yo, k2tog twice] to 3 sts from end, pm, m1r, k3.

Row 2 (WS): Sl1, k2, p to 3 sts from end (slipping markers), k3.

Row 3: Sl1, k2, m1l, k to m, sm, k to central marker, m1r, sm, k1, sm, m1l, k to m, sm, k to 3 sts from end, m1r, k3.

Row 4: Sl1, k2, p to 3 sts from end (slipping markers), k3.

Row 5: Sl1, k2, m1l, k to m, sm, [k2tog twice, (yo, k1) 3 times, yo, k2tog twice] to m, sm, k to m, m1r, sm, k1, sm, m1l, k to m, sm, [k2tog twice, (yo, k1) 3 times, yo, k2tog twice] to m, sm, k to 3 sts from end, m1r, k3.

Rows 6-8: work as for rows 2-4.

Rows 9-15: Repeat rows 5-8 once more and then repeat rows 5-7 once more.

Rows 16, 18, 20, 22 (WS): Sl1, k to end.

Rows 17, 19, 21 (RS): Sl1, k2, m1l, k to central m, m1r, sm, k1, sm, m1l, k to 3 sts from end, m1r, k3.

Remove all but central markers after completing row 22.

Repeat rows 1-22 as many times as you wish.

You should have 205 sts after the first repeat, and each repeat will add 44 sts to your total stitch count.

For the DK Weight version (moss green shawl) I worked a total of 4 repeats.

For the Sport Weight version (brown shawl) I worked a total of 5 repeats, and had to bind off after row 20 of the 5th repeat, as I was running out of yarn. The stitch count after the 5th repeat was 381 sts.

You can stop sooner, or keep going...

Make sure you have enough yarn to complete an elastic bind off (see *Glossary*) on a RS row after you finish knitting (you need a tail of yarn of approx. 4 times the width of your last row).

FINISHING

Weave in ends and block shawl to finished measurements.

ABBREVIATIONS

BO	bind off
CO	cast on
k	knit
k2tog	knit 2 together
kfb	knit through the front and back
m	marker
m1l	Increase slanted to the left (pick up the horizontal bar btw the sts from front to back, knit through back leg)
m1r	Increase slanted to the right (pick up the horizontal bar btw the sts from back to front, knit through front leg)
p	purl
RS	right side
sl1	slip 1
sm	slip marker
ssk	Slip two stitches knitwise individually, then knit them together through the back loop.
st (sts)	stitch (stitches)
WS	wrong side
yo	yarn over

GLOSSARY

Elastic Bind Off

Knit 1 stitch, *knit 1, insert the left hand needle into the 2 sts on the right needle (on top of the right needle), knit the 2 sts together through the back loop (1 st left on the right needle); repeat from * until you have bound off all sts.







*I hope your knitting was relaxing.
We'd love it if you share this project on instagram: #jojisomemetime #jojireadyforfall
For pattern support, you can contact me at designsbyjoji@gmail.com
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